

## Zebra: The Horse of a Different Color & Stripes

Zebras were a figure used historically amongst medical professionals to remind clinicians to not think of what is rare, when diagnosing a patient, think of what is “common.” The rare disease community adopted the Zebra to flip that understanding, to remind clinicians that “we exist” and are important! **Together, the week before rare disease day, we will gather to form a “dazzle” (A group of zebras!) by bringing our families and friends together to create our own zebras!!** We encourage you to bring family and friends to this session, and hang your pictures up all week, and know that you are not alone in your rare disease, in fact you are surrounded by a “dazzle.”

It is our hope that with taking the time to draw, we can have a break and escape all our concerns, worries and pain for just a little bit. This is going to be a fun course where Christine Knox, Artist, Advocate and MitoChampion, will walk you through working on this multimedia project that will be perfect to share with family and friends, social media and wherever you wish, to draw attention to Rare Disease Week. You can hang them proudly and declare yourself RARE!

With our Zebra drawing we get to not only draw in black and white with a Sharpie Fine Point Marker Sharpie and an Ultra Fine Point Permanent Marker (this is the smallest tip possible, more like a pen) but you can add color as well!!



### Supplies:

1. **Sharpie Ultra Fine Point Permanent Marker**
2. **Paper:** You can use whatever paper you have on hand, printer paper will do although if you have something that is thicker, give that a go! Christine’s preference is Canson Bristol X 9X12”. It has a smoother side and a rougher side. I will be using the smoother side for this course.
3. **Colored Pencils: Colors that you prefer!** Think rainbow!
4. **Line Drawing:** The line drawing is provided for you below, please transfer that to your drawing paper using graphite paper if you have it, print it out to trace, or freehand draw if you wish. The photograph is a free download from Pixabay.



